

Application for Cheerleading Tryouts

For parents:

My child, _____ has my permission to be a cheerleader at South San Francisco High School. I understand that my child must abide by the rules and regulations set forth by the advisor and the principal of South San Francisco High School, and be present for all practices and games. I understand and give permission for my child to ride with the advisor and/or other parents when necessary. I understand that all required tryout materials must be completed or my child will not be allowed to try out. I understand that my child must attend all tryout clinic dates (unless excused by the advisor/parent) and the official tryout session, or my child will not be considered for a cheerleading position. I understand that qualified judges will evaluate my child, and we agree to abide by the decision of the judges.

I understand by the very nature of the activity, cheerleading and gymnastics, carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold South San Francisco High School or any of its personnel responsible in the case of accident or injury at any time.

Parent or Guardian Signature: _____ Date ___/___/_____

Parent or Guardian Signature: _____ Date ___/___/_____

Parent Email: _____

Parent Phone Number: _____

For student:

I am interested in being a cheerleader at South San Francisco High School. I understand the risks stated above. If elected, I promise to abide by the rules and regulations set forth by the advisor and the principal of South San Francisco High School. I promise to cooperate and follow the instructions of the cheerleading coaches.

Student Signature: _____ Date ___/___/_____

Grade in 2024-2025: _____

Student Personal Email: _____

Student Phone Number: _____